



2020/2021 年報 ANNUAL REPORT

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(一) 目標及使命 **Our Mission**

善愿會的目標及使命，是關顧長者及危疾病患者的身心需要，以愛和祝福幫助他們提升生活素質，以使他們時刻感受到內心的平靜及祥和。

Our mission is to care for the psychological and spiritual needs of the elderly and the seriously or terminally ill people, to help them elevate their quality of life, so that they can remain in calm and peace.

(二) 執行委員會 **Councillors**

主席 Chairman	王淑然 Angela Wong
執行總幹事 Chief Executive Officer	曹爾容 Mona Cho
首席財務長 Chief Financial Officer	陳嘉敏 Angela Chan
營運總監 Chief Operating Officer	王淑薇 Veronica Wong
策劃總監 Corporate Development Director	洪永和 Jacky Hung

(三) 主席的話 **Chairman's message**

2021年疫情瀰漫，大家都蒙在一片抗疫情緒中，把許多原有的活動停止了，然而大家的心靈仍然需要持續的灌溉，尤其暮年中的長者更需要支援，所以我們仍然努力推行各種活動，發放防疫資訊，推動長幼共融的訊息，從而達至社會一體化的觀念和融和的氣氛，修復是我們此刻要共同協力的一環，來年我們仍會積極推行各項教育活動，令年青人更早關注與長者的溝通，一同為社會及家庭締造和諧！而在長者服務方面，我們希望能持續為長者提供不同體驗，感受自我能力提升和價值，在晚年生活仍然能有富足的心靈和踏實的生活。

In 2021, the epidemic is spreading and everyone is in the anti-epidemic mood. Many scheduled activities have been halted. However, everyone's minds still need continuous irrigation. Particularly, the elderly in their twilight years need more support. Hence, we are still working hard to organise various activities for delivering epidemic prevention information and promoting integration between the elder and the young generation, so as to achieve the social integration and a harmonious atmosphere. Repair is one of our joint efforts at this moment. In the coming year, we shall continue to actively promote various educational activities to arouse young people to communicate with the elders at the earliest, and bring the society and the

family together in harmony. In our services for the elderly, we hope that we can continue to provide different experiences to the elderly, let them feel their own improvement and value of their own abilities in order to have a fruitful mind and a solid life in their later years.

(四) 提供服務項目 Services Provided

4.1 「樂活院舍基金」 Joyful Living Fund

2016 年成立專為照顧私營安老院內長者而設，為缺乏資源的長者提供生活必需品，尤其是體弱或需要長期臥床缺乏家人朋友探望的長者，我們希望能為他們這一個群帶來合適的照顧和關懷。

本年度我們舉辦了一期的物資送贈，受惠安老院舍 17 間，受惠長者達 109 人，並重點關注長期臥床、不能自理、患腦退化症及精神病的長者，提供適切的生活用品，希望藉此給予安慰及關懷。

Established in 2016, to support the elders in private elderly homes who is lack of resources on daily necessities, particularly those who are frail or need long-term bed rest and scarcity of family and friends visits. We hope to bring them love and care.

In this year, we conducted one phase of giving necessities with a focus on those unable to take care himself, requiring full/intensive care, suffering from Dementia and mental illness, aimed at improving their living quality and giving comfort. We served 109 people in 17 elderly homes.

活動日期 Date	期數 Phase	安老院舍數目 No. of elderly homes	受惠長者 No. of benefited elders
2020年12月至 2021年1月 December 2020 to January 2021	第十一期 Phase 11	17	109

安老院舍名稱 Name of elderly homes	地區 District
福安老人院 FUK ON HOME OF AGED	九龍城 KOWLOON CITY
耆樂園護老中心有限公司 KAY LOK YUEN CENTRE FOR AGED LIMITED	九龍城 KOWLOON CITY

朗佳護老院 LONG KIND HOUSE	九龍城 KOWLOON CITY
思恩護老院 (第一分院) SEE YAN HOME FOR AGED (FIRST BRANCH)	九龍城 KOWLOON CITY
兆景安老院 SIU KING CARE AND ATTENTION HOME	九龍城 KOWLOON CITY
平安護老院 THE PEACEFUL RESIDENTIAL HOME FOR THE ELDERLY	九龍城 KOWLOON CITY
康樂園護老中心有限公司 HONG LOK YUEN AGED SANATORIUM CENTRE LIMITED	九龍城 KOWLOON CITY
福榮護老院有限公司 FUK WING HOME OF AGED LIMITED	油尖旺 YAU TSIM MONG
惠理護老中心 VALUE CARE ELDERLY CENTER	油尖旺 YAU TSIM MONG
順恩護老中心 (建福) 有限公司 SHUN YAN ELDERLY CENTRE (KIN FOOK) LIMITED	深水埗 SHAMSHUIPO
兆善護老中心 SIU SIN NURSING CENTRE	深水埗 SHAMSHUIPO
德福護老中心 TELFORD NURSING CENTRE	深水埗 SHAMSHUIPO
仁愛護老中心有限公司 YAN OI ELDER CENTRE LIMITED	荃灣 TSUEN WAN
康怡護老中心 HONG YEE ELDERLY CENTRE	中西區 CENTRAL/WESTERN
天晴護理院有限公司 TIN CHING ELDERLY HOME LIMITED	中西區 CENTRAL/WESTERN
騰達護老中心 (葵涌) TANG TAT HOME FOR ELDER (KWAI CHUNG)	葵青 KWAI TSING
輝濤護老院屯門分院 FAI TO HOME FOR THE AGED (TUEN MUN) BRANCH	屯門 TUEN MUN
鈞溢護老中心 GRANYET ELDERLY CARE CENTRE	屯門 TUEN MUN
嘉濤耆樂苑 KATO HOME FOR THE ELDERLY	屯門 TUEN MUN
新陶園護老院 SUN TAO YUEN FOR THE AGED	元朗 YUEN LONG



4.2 『全港中學生認識中風比賽』

"Stroke Awareness Competition for Hong Kong Secondary Schools"

- (1) 網上問答比賽 Online quiz competition 及 and
- (2) 健康菜式設計比賽 Healthy Dishes Design Competition

主辦機構
 善愿會
 BLESSING CLUB

全港中學生認識中風比賽

為推動中學生了解更多有關中風的正確知識，並鼓勵學生將知識與家中長者分享，特別舉辦以下兩項活動：

比賽項目及獎品

(一) 網上認識中風問答比賽
 參加次數不限，以得分最高一次為準，答對最多题目的前300名參加者均可獲港幣 100 元禮券
 學生可多次參加，不限次數，但只有一次獲獎機會，以得分最高的一次為準

(二) 健康菜式設計比賽
 設計並以短片形式拍攝一項適合長者進食的健康菜式，講解菜式設計背後理念及與家人分享食用的情形

冠軍 1 名：港幣 3000 元現金獎及獎狀乙張
 亞軍 1 名：港幣 2000 元現金獎及獎狀乙張
 季軍 1 名：港幣 1000 元現金獎及獎狀乙張
 優異獎 10 名：各獲港幣 500 元現金獎及獎狀乙張

比賽日期
 2020 年 10 月 30 日至 12 月 31 日

參加方法及比賽細則
 詳情請瀏覽本會網站：www.blessingclub.org.hk
 得獎結果將會於 2021 年 1 月 29 日本會網站上公佈

 本會網站

 BlessingClub 善愿會

我們於 2020 年 10 月至 12 月特別舉辦『全港中學生認識中風比賽』，邀請全港中學生一同參與網上問答比賽及健康菜式設計比賽。我們廣泛與各中學聯絡，令各校同學透過網上知識分享一同學習預防中風的常識，更早可以為家中長者作出預防。

我們更邀請同學設計健康菜式，一同由基本做起，認識健康飲食的基礎。

獲獎學校 45 間，參與學生人數 1,387 位。

From October to December 2020, we specially held the "Stroke Awareness Competition for Hong Kong Secondary Schools", inviting all students in Hong Kong secondary schools to participate in an online quiz competition and a healthy dishes design competition. We have extensively liaised with various secondary schools, through online knowledge sharing, students from all schools can learn common knowledge of stroke prevention, in order to take an earlier prevention step to the elderlies in their families.

We also invited students to design healthy dishes. Starting from the basics and understand the essential of healthy eating.

There were 45 award-winning schools with 1,387 participating students.

4.3 送贈防疫物資 - 屋邨獨居\雙老長者\清潔工人

Distribution of anti-epidemic materials – elders living alone in the housing estate\elders living with spouse\cleaners

在疫情期間，我們多次獲有心善長捐贈防疫用品、口罩、消毒紙及食物。亦獲義工們協力派送到長者及長期病患者手上，謹此再三感謝。

During the epidemic, we have received many times of donations on anti-epidemic materials, masks, disinfection paper and food. We have delivered the same timely to the elders and chronically illness with the great support by our volunteers. Thank you once again for their support.

活動日期 Date	地點 Location
2020年8月 August 2020	1. 李鄭屋邨 Lei Cheng Uk Estate 2. 蘇屋邨 So Uk Estate 3. 南山邨 Nam Shan Estate 4. 大坑東邨 Tai Hang Tung Estate 5. 秀茂坪邨 Sau Mau Ping Estate 6. 樂華邨 Lok Wah Estate 7. 元洲邨 Un Chau Estate 8. 黃大仙下邨 Lower Wong Tai Sin Estate 9. 興華邨 Hing Wah Estate 10. 華富邨 Wah Fu Estate



各位義工不辭勞苦，在各區出動向長者送上口罩。

Volunteers worked hard to deliver masks to the elderly in various districts.



抗疫前線清潔工人，功不可沒。

The cleaning workers on the front line against the epidemic have contributed greatly.

4.4 送贈防疫物資 - 病友\其他機構

Distribution of anti-epidemic materials – patients\other organisations

我們透過不同渠道，用各種方法向各區長期病患者、清潔工人、長者送出防疫物資。

Through different channels and ways, we have given anti-epidemic materials to chronically ill patients, cleaning workers, and the elderly in various districts.

活動日期 Date	名稱 Name
2020年4月至5月 April to May 2020	1. 東區尤德夫人那打素醫院 Pamela Youde Nethersole Eastern Hospital 2. 譚國僑議員辦事處 Tam Kwok Kiu District Council Office

4.5 其他活動 Other activities

活動日期 Date	活動內容 Content
2020年4月 April 2020	送贈抽濕機予3名需要長期洗腎的腎病患者 Donated dehumidifiers to 3 kidney patients who needed long-term dialysis
2020年7月 July 2020	送贈輪椅予居住於元朗區的獨居長者 Donate a wheelchair to an elderly living alone in Yuen Long District
2020年9月 September 2020	送贈月餅予各區院舍內長者 Donate mooncakes to the elderly in elderly homes in various districts 1) 康怡護老中心 HONG YEE ELDERLY CENTRE 2) 嘉頤(大埔)護老院 CARE & SERVICES ELDERLY HOME (TAI PO) 3) 天晴護理院有限公司 TIN CHING ELDERLY HOME LIMITED
2020年10月 October 2020	為黃大仙下邨龍安樓、龍光樓、龍樂樓、龍慧樓內長者或獨居長者派發福袋，包括各種糧食、米及日常用品，抗疫與關懷並重。 Distributed lucky bags which included different kinds of food, rice and daily necessities, to the elders/elders living alone in Lung On House, Lung Kwong House, Lung Lok House and Lung Wai House in Lower Wong Tai Sin Estate. Caring and anti-epidemic are both important.



抽濕機能減少家居發霉的機會，對腎病患者尤其重要。
Dehumidifier can reduce the chance of mold in the house, which is very important to kidney patients.

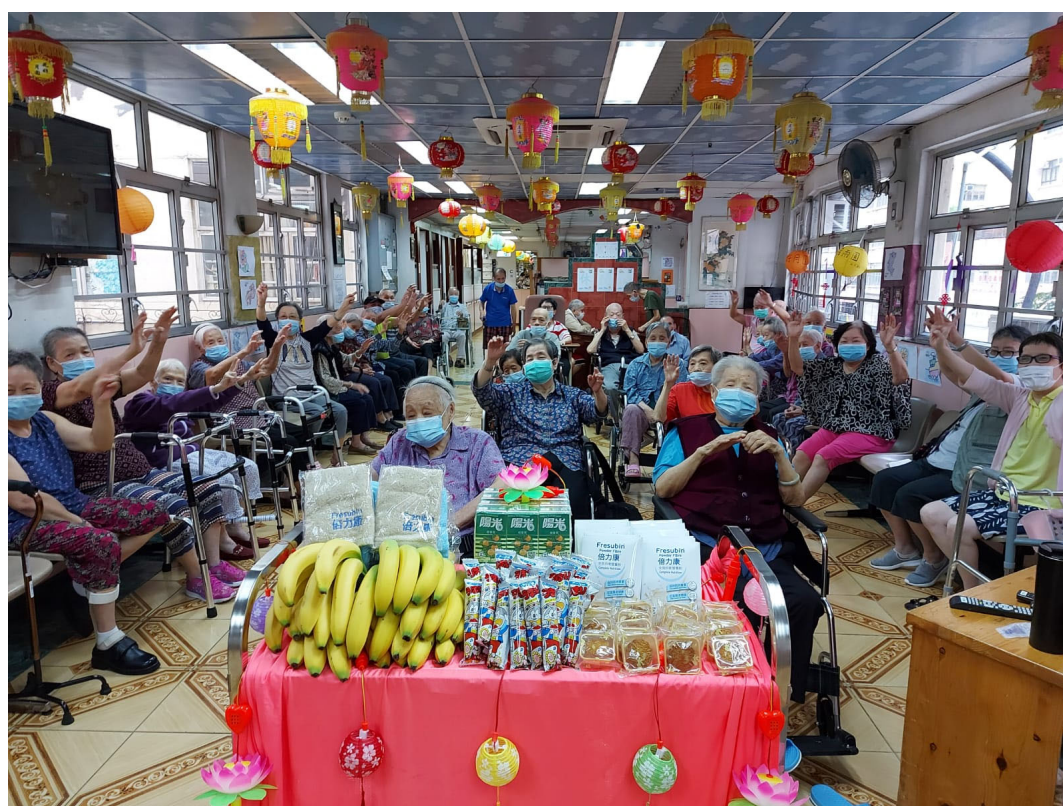


疫情下，長者細嚐月餅，從中感受到節日的氣氛。

在姑娘們悉心的安排下，令長者減少孤獨感。大家一起開心過中秋。

Under the epidemic, the elderly tasted mooncakes and felt the festive atmosphere.

With the comprehensive and warm arrangement of the helpers in the elderly home, the elderly could enjoy a happy Mid-Autumn Festival together which reduced their feeling of lonely.





義工們把準備好的福袋，送往分派中心。
Volunteers delivered the lucky bags to the distribution center.





義工們把福袋送到獨居長者門前。

婆婆在我們的分派中心一早等候。

Volunteers delivered the lucky bags to the house of the elderly, who living alone.
The elder was waiting at our distribution center early in the morning.



義工們不忘向路上的長者及在公園內休息的長者送上口罩，
宣傳抗疫信息。

Volunteers gave masks to the elderly on the road and those resting in
the park to promote the anti-epidemic message.



(五) 財務簡報 Financial Report

5.1 捐款 Donations

捐款
捐款為港幣 72,791 元。

Donations
There were donations of HK\$72,791 in
total.

(六) 鳴謝 Acknowledgement

我們衷心感謝以下公司、人士及義工在本年度的捐助及參與，令各項活動得以順利完成。

We sincerely thank for the contributions and participations from the following companies, persons and volunteers during the year.

<u>中文名稱</u>	<u>English Name</u>
義務工作發展局	Agency for Volunteer Service
亞洲心動娛樂	-
菲仕蘭(香港)有限公司	-
古天樂慈善基金有限公司	Koo Tin Lok Charitable Foundation Limited
東區尤德夫人那打素醫院	Pamela Youde Nethersole Eastern Hospital
紅十字會	Red Cross
漪漣慈善基金有限公司	Ripples Charity Foundation Limited
鼎棣實業有限公司	Ting Tai Industrial Limited
戈爾(香港)有限公司	W.L. Gore & Associates (Hong Kong) Limited
-	Wise Fine Enterprise Limited
-	Yomart
陳兆楠先生	Mr. Chan Siu Nam
-	Ms. Chan Yuk Wa
陳嘉兒小姐	-
鄭輝先生	Mr. Hui Zheng
張婉珊小姐	Ms. Helen Cheung
-	Mr. Vincent Choi
莊麗華小姐	Ms. Cora Chong
周子聰先生	Mr. Chow Tsz Chung
周國昌先生	-
周倬年先生	Mr. Chow Cheuk Nin
-	Ms. Claire Chu
鍾杰涵先生	-

范偉然先生	Mr. Fan Wai Yin
方錦屏小姐	Ms. Fong Kam Ping
-	Ms. Hui Hiu Man
許君華小姐	-
洪婉汶小姐	Ms. Hung Yuen Man
-	Ms. Iyn
江詠容小姐	Ms. Wing Kong
鄭家汶小姐	Ms. Kwong Ka Man
林嘉寶小姐	Ms. Lam Kar Po
-	Ms. Natalie Lam
劉翹銘先生	Mr. Lau Kiu Ming
李儉恒先生	-
梁鴻麟先生	Mr. Allan Leung
梁智傑先生	Mr. Leung Chi Kit
-	Ms. Venus Li
-	Ms. Saya Lo
盧穎欣小姐	-
-	Ms. Zoe Lung
吳浩文先生	Mr. Ng Ho Man
-	Ms. Ng Yuen Chuen
-	Ms. Phyllis Szeto
田俊彬先生	-
王啟聰先生	Mr. Eric Wong
黃達榮先生	Mr. Wong Tat Wing
黃秀儀小姐	Ms. Kennis Wong
黃慧慈小姐	Ms. Nancy Wong
-	Ms. Wong Wai Chu
黃惠雯小姐	Ms. Wong Wai Man, Wing
黃芯絃小姐	-

甄玉明小姐	-
楊華強先生	-
嚴巧欣小姐	Ms. Yim Hau Yan
葉連琴小姐	Ms. Michelle Yip
葉傲雪小姐	-

* 排名按英文姓氏字母次序排列

* Names in alphabetical order

請繼續支持我們！

PLEASE CONTINUE TO SUPPORT US!